

# CANON-MCMILLAN SCHOOL DISTRICT

SECTION: PUPILS

TITLE: SEVERE FOOD ALLERGIES

ADOPTED: June 18, 2007

REVISED:

	<p style="text-align: center;">209.2. SEVERE FOOD ALLERGIES</p> <p>1. Purpose The Board is committed to providing a safe and healthy environment for all students and staff, with the understanding that the district cannot guarantee that a student will never experience an allergy-related event while at school.</p> <p>2. Authority The Board authorizes the Superintendent to prepare detailed administrative procedures to ensure the safety and well-being of students and staff. The purpose of this policy shall be two-fold: to safeguard the health and well-being of students and employees and, concurrently, to protect the rights of the individual.</p> <p>3. Definitions <b>Food Allergy</b> - a food allergy is any reaction to an otherwise harmless food or food component that involves the body's immune system. A reaction occurs when the body's immune system responds abnormally to the protein or proteins in that particular food. The body reacts by flooding the system with histamines and other chemicals to fight off what is perceived as an invader in the body. Reactions to food or food ingredients that do not involve the immune system are called food intolerance or sensitivities.  <b>Food Intolerance</b> - food intolerance is a metabolic disorder and does not involve the immune system. Lactose intolerance is one (1) example of food intolerance. A person with lactose intolerance lacks an enzyme that is needed to digest milk sugar. When the person eats milk products, symptoms such as gas, bloating, and abdominal pain may occur.  <b>Common Food Allergens</b> - common foods that are associated with food allergy are milk, eggs, peanuts, tree nuts, fish, shellfish, wheat and soy.</p> <p>4. Guidelines <u>Expectations For All Students</u></p> <ol style="list-style-type: none"> <li>1. Never take food allergies lightly. Students should not joke or tease other students about allergies.</li> <li>2. Never try to trick someone into eating food they are allergic to.</li> </ol>
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<p>Pol. 210</p>	<ol style="list-style-type: none"><li>3. Never share food with food allergic friends.</li><li>4. Always wash hands before and after eating.</li><li>5. Help allergic classmates by knowing items the classmate is allergic to and by checking labels to make sure items do not contain those foods.</li></ol> <p><u>Expectations For Students With Food Allergies</u></p> <ol style="list-style-type: none"><li>1. Never trade food with other students or eat any food with unknown ingredients.</li><li>2. Notify an adult immediately should s/he believe contact with the food has occurred or medical attention is needed.</li><li>3. Agree to be active in the care and management of his/her food allergy.</li></ol> <p><u>Parents/Guardians Of Students With Allergies</u></p> <ol style="list-style-type: none"><li>1. Contact the school nurse each year to complete and/or update all medical records including specific information pertaining to any and all known allergies.</li><li>2. Provide written documentation from the attending physician to the school nurse regarding the specific allergy, severity and treatment.</li><li>3. Provide the school with a list of the food contacts to be avoided (i.e., no eating, no touching, no smelling, etc.).</li><li>4. Follow the district medication policy in providing medications for allergic reactions.</li></ol> <p><u>All Parents/Guardians</u></p> <p>When providing snacks and/or treats for classroom parties or events, consideration should be given for students with food allergies.</p> <p><u>School Staff</u></p> <ol style="list-style-type: none"><li>1. The school nurse will review the medical records and documentation from the attending physician on the student's allergy.</li><li>2. An individual Health Care Plan will be developed, as needed, by the school nurse, with input from the parent/guardian, school personnel and building principal.</li></ol>
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