

High School – Cafeteria Information Sheet



MENUS ARE AVAILABLE IN THE SCHOOL OFFICE & ON THE DISTRICT WEBSITE www.cmsd.k12.pa.us
(District>Departments>Food Services)

Free and Reduced Priced Meals

Applications are available for the Free and Reduced Breakfast and Lunch Program in the school office. They must be completed and returned to the school or to: Central Office c/o Ruth Spencer, 1 North Jefferson Ave., Canonsburg, PA 15317

Parents please remember, even if your child was eligible for free or reduced priced meals last year, you must complete a new application (unless you receive a "direct notification" letter). If you do not complete a new application by the thirtieth day of school, your child will be charged full price for a meal and you will be responsible to pay that amount.

Reminder: Free & reduced applications are available for submission all school year to account for any changes to your economic status.

Please contact Ruth Spencer at 724-746-2940, Ext 8, then Ext 9114 if you require assistance.

Allergies/Special Diets

Please contact the school nurse to complete a "Medical Plan of Care for School Food Service" form regarding your child's food allergies/special diet. Per recent Pennsylvania Department of Education regulations, water is not a substitute for milk. The District does provide Lactaid milk with proper documentation.

EXTRAS: A variety of snacks and beverages are available in the "Mac Mart", including low-fat ice cream, cookies, yogurt, chips and more. These snack items or second lunches are not included in the free & reduced lunch programs.

Four Components That Make Up A School Breakfast:

1. Meat/Meat Alternative (1 or 2 from this group) and/or
2. Bread/Bread Alternative (1 or 2 from this group)
3. Fruit/100% Juice
4. Milk

BREAKFAST PRICES

REGULAR- \$1.00
REDUCED—\$.30

Make sure you have 3 or 4 of the components with each meal! If you take less than 3 items, you will be charged a different, ala carte price, as required by National School Lunch regulations.

CAFETERIA PROCEDURES / POINT OF SALE SYSTEM

The POS System can be accessed by using a 6 digit student ID number. Prepayments are accepted any day and for any amount. Checks are the preferred method of payment. Please include student name & ID number on the check made payable to the **CMSD Café Fund**.

Parents are able to deposit money into cafeteria accounts and check on student balances @ www.mylunchmoney.com. There is a small fee for online payments, but no fee to review an account.

*Please contact the Food Service office prior to placing any restrictions on your child's account.

Students can purchase breakfast, lunch and extras using the money in their cafeteria account or by paying cash. The cashier will provide daily verbal reminders of a low or negative balance. Students are not permitted to charge anything. However, paying with cash is permitted to purchase a meal even if account is deficit.

Students are not permitted to purchase any extra items if their account is delinquent. Negative balance letters (for amounts over \$5) are sent home with students once a month. A letter will be sent home by the building administrator for negative balances exceeding \$25. Please be aware that balances are carried over each year and from one school to another.

Five Components That Make Up A School Lunch:

1. Meat/Meat Alternative
2. Milk
3. Vegetable
4. Fruit
5. Bread/Bread Alternative

LUNCH PRICES

REGULAR- \$1.85
TIER/DELUXE- \$2.35
REDUCED—\$.40

Make sure you have 3, 4, or ALL 5 of the components with each meal! If you take less than 3 items, you will be charged a different, ala carte price, as required by National School Lunch regulations.

CONTACT INFORMATION ~ Please contact the Food Service Office at Canonsburg Middle School with any questions or concerns that you may have. 724-746-1040

Ext 1 ~ Kathy Anderson, Food Service Secretary **Ext 3** ~ Assistant Food Service Director **Ext 2** ~ Melissa Chad, Food Service Director



“Providing the Absolute Best in Food and Facilities Management”